# Sinocare®

# Continuous Glucose Monitoring System CGM APP-Start up Guide

## i3 CGM System Overview

Refer to your User Guide for full System instructions and information.

The User Guide is provided in electronic form. You can visit iCan-cgm.com website to download a PDF.

If you need a hard copy of the User Guide, please contact the dealer or send the request to the emai: support@icancgm.com. It will be provided within seven days for free.

If you have any questions, please send the email to support@icancgm.com

All graphics are representational. Your product may look different.



# Get Started

## Step 1: Install iCan CGM App

Download the iCan CGM APP from App Store or Google Play

Download on the App Store Google Play

## Step 2: Login to Your iCan CGM Account

a. Login if you already have an account.
b. Tap "Register" on the bottom if you are new to the system. The App will walk you through informational videos and screens. Tap "Next" to proceed until it brings you to the Scanning QR Code page. Keep your App open throughout the whole time.



## **2** Pair with Transmitter



### Step 3: Pair with the Transmitter



a. Open your App and make sure to turn Bluetooth on.

**b.** Login to your account, and using your App to scan the QR Code on the Sensor Pack.

c. Pairing happens automatically. Do not close the app and keep it within 6 meters while you proceed to the next step. If you enter the SN code manually, please click "Next" to proceed.

d.Keep your phone close by and prepare the insertion in next step

Pull out the Transmitter Pack from the bottom of the Sensor Pack box. Check the first 8 digits SN codes of Sensor Pack and Transmitter SN codes to match with each other before pairing your Sensor with the Transmitter.



# Insert the Sensor

Learn how to Insert the Sensor, please follow Continuous Glucose Monitoring System Quick Start Guide in your package.

# 4 Start Monitoring

#### Step 1: Start CGM sensor Step 2: Wait for sensor to warm-up



When the sensor is successfully

prompt you to start the sensor. Tap "Start" for next step.

inserted, your CGM App will

CGM Sensor Warrup 01:59:59 --- mgut 01:59:59 0 0 0000 100000 1100000 1100000 1100000

Tap"Start" to begin 2-hour sensor warm-up. There will not be any glucose readings or alerts until warm-up has ended. Keep the App open and your smart device within 20 feet of the transmitter during the sensor warm-up.

#### Step 3: Set up alerts

< Personal Settings	Default Settir
Do Not Disturb Mode	
Turn on if you want to silence aud	lible alerts.
Notify Me Above	200 mg/dl
Notify above 200 mg/dL	
Sounds	
Message	
Notify Me Below	70 mg/dl
Notify below 70 mg/dL	
Sounds	
Message	a
System Alert	
All notifications except blood glue	ose notifications
Sounds	
Turn on if you want this al	ert locked
After turning it on, you can check the polification has or wirked	your blood glucose in

Caution: You will always receive a Low Glucose Alert when your sensor glucose value is 55 mg/dL or below. For detailed information regarding glucose alerts and system setup, go to "Important Safety Information" in the Instructions for Use.

## Step 4: Check your glucose





# **5** End Monitoring

# Step 1: Confirm the current session is completed

When the 15-day monitoring session is completed, the App will prompt you to change a new sensor or review the History Report.



## Step 2: Remove the Sensor

**a.** Pull up the edge of the adhesive.**b.** Slowly peel the adhesive away from your skin in one motion.



### Step 3: Disposal

Do not touch the sensor and the sensor can not be re-used after removing. Discard the used sensor according to local regulation.





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